

TAKEOUT MENU

Bang
Belly

SOUPS

Cod & Corn Chowder ^{GF} **cup 7 | bowl 11**
Fogo Island Cod in a creamy, sweet corn broth with carrot, celery & fresh herbs

Add a homemade roll 2

Tomato Soup ^{GF} **cup 6 | bowl 9**
A homestyle tomato soup, seasoned with garlic & topped with fresh cream & croûtons

Add a homemade roll 2

SALADS

Green Salad ^{GF} **small 7 | big 11**
Fresh romaine lettuce topped with cherry tomatoes, grated carrot & sliced red onion, tossed with our house-made balsamic vinaigrette

Add shrimp salad, fried chicken,
or plant-based 'chicken' 5

Caesar Salad ^{GF} ^{OPTION} **small 8 | big 12**
Fresh romaine lettuce tossed in our house-made Caesar dressing, served with Parmesan cheese, crunchy herbed croûtons, and your choice of a real bacon crumble, or plant-based bacon crumble

Add shrimp salad, fried chicken,
or plant-based 'chicken' 5

Chickpea Salad ^{GF} **small 8 | big 13**
A hearty helping of chickpeas marinated in garlic & lemon, topped with roasted red pepper, Thompson raisins, shredded carrot, sesame seeds & fresh herbs, tossed in our creamy sesame dressing

Add shrimp salad, fried chicken,
or plant-based 'chicken' 5

SANDWICHES

All of our sandwiches are served with your choice of fries, crispy baby potatoes, green salad, or coleslaw

Substitute with gluten-free bread 2
Upgrade your side to Signature Fries 2
Upgrade your side to a small Caesar salad 3

Breakfast Sandwich ^{GF} ^{OPTION} 14
Two scrambled eggs, cheddar cheese, mayo & tomato, with your choice of bacon, ham, or plant-based bacon crumble on a sesame seed bun

Substitute eggs with tofu scramble 2

Hamburger ^{GF} ^{OPTION} 17
A flavourful, grilled house-made patty topped with mustard, burger sauce, lettuce, tomato, sweet pickle & pickled red onion on a sesame seed bun

Substitute with plant-based patty 2
Add cheese 1
Add bacon 2
Add plant-based cheese 2
Add plant-based bacon crumble 2

Curried Chickpea Roll ^{GF} ^{OPTION} 15
Lemon & garlic marinated chickpeas, mixed with raisins & roasted red peppers, tossed together in a creamy curry dressing, and topped with fresh herbs, served on a lightly toasted sandwich roll

Pulled Pork Sandwich ^{GF} ^{OPTION} 17
Tender pulled pork smothered in our house-made BBQ sauce, topped with sweet pickles & creamy coleslaw, served on a sesame seed bun

Fried Chicken Sandwich 17
Tender buttermilk fried chicken on a sesame seed bun, served in the style of your choice:

Classic: Lettuce, mayo & sweet pickles
- OR -

Nashville Hot: Lettuce, sweet pickles, ranch dressing & a spicy glaze

Substitute with plant-based chicken tenders 2

Fogo Island Cod Sandwich 17
Light & crispy beer-battered Fogo Island Cod on a sesame seed bun, served in the style of your choice:

Classic: Tartar sauce & shredded lettuce
- OR -

Spicy: Sriracha mayo & coleslaw

Please let us know if you have any allergies and/or dietary restrictions.

While we do everything we can to prevent cross-contamination, our dishes are prepared in a kitchen where allergens are present throughout; therefore, we cannot guarantee your meal will be free from trace ingredients.

PLATES

- Fish & Chips** 1 piece 16 | 2 pieces 20
Crispy beer-battered Fogo Island Cod, served with hand-cut fries, creamy house-made coleslaw & tartar sauce
- Chicken & Chips** 17
Buttermilk fried chicken tenders, served with our house-made BBQ dipping sauce & hand-cut fries
- Substitute with plant-based 'chicken' tenders 2

SIDES & EXTRAS

- French Fries** (GF) OPTION 5
- Bangbelly Signature Fries** (GF) OPTION 7
• Dill Pickle • Savoury-Onion
• Tex-Mex • Garlic Parmesan
- Crispy Baby Potatoes** (GF) OPTION 5
- Coleslaw** (GF) 4
- Extra Sauce** (GF) 1
• Ranch • Creamy Sesame
• Hot Sauce • Burger Sauce
• BBQ Sauce • Tartar Sauce

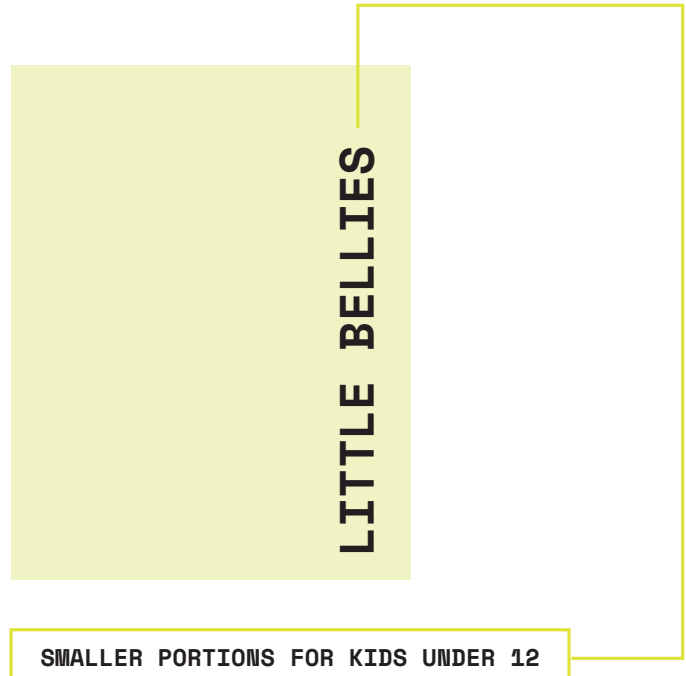
LARGE STONE-BAKED PIZZAS (8 SLICES | 14")

Substitute with gluten free crust 4
Substitute with vegan cheese 4

- Garlic Fingers** (GF) OPTION 19
Garlic butter & mozzarella, served with donair dipping sauce
- Cheese** (GF) OPTION 20
Tomato sauce & mozzarella cheese
- Pepperoni** (GF) OPTION 21
Tomato sauce, mozzarella cheese & pepperoni
- Hawaiian** (GF) OPTION 22
Tomato sauce, mozzarella cheese, pineapple & ham, or plant-based bacon crumble
- Veggie** (GF) OPTION 23
Tomato sauce, mozzarella cheese, green pepper, red onion, mushroom & black olives
- Deluxe** (GF) OPTION 24
Tomato sauce, mozzarella cheese, pepperoni, green pepper, red onion, mushroom & black olives

Make Your Own Pizza (GF) OPTION 20
Dress up our cheese pizza with your favourite toppings:

- Classic Toppings** 2 each
Pepperoni, Ham, Pineapple, Green Pepper, Black Olives, Red Pepper, Red Onion, Mushrooms
- Premium Toppings** 4 each
Bacon, Chicken, Plant-Based Chicken, Plant-Based Bacon Crumble



- Chicken Tenders** 9
Served with your choice of fries, or baby carrots with ranch dressing
- Substitute with plant-based chicken tenders 2
- Kid's Fish & Chips** 10
- Tomato Soup & Cheese Toast** (GF) OPTION 8
- Buttered Noodles** (GF) OPTION 7
- Parmesan Buttered Noodles** (GF) OPTION 8

